



## Jerry Clay Academy Subject Unit Overview

**Subject:** PE – Dance **Year Group:** Year 6 **Term:** Spring 1

### **Core Learning of This Unit:**

- Work creatively and imaginatively on their own, with a partner and in a group to compose motifs and structure simple dances.
- Perform to an accompaniment expressively and sensitively.
- Perform dances fluently and with control.
- Warm up and cool down independently.
- Understand how dance helps to keep them healthy.
- Use appropriate criteria to evaluate and refine their own and others' work.
- Talk about dance with understanding, using appropriate language and terminology.

### **Prior Learning:**

- Compose motifs and plan dances creatively and collaboratively in groups.
- Adapt and refine the way they use weight, space and rhythm in their dance to express themselves in the style of dance they use.
- Perform different styles of dance clearly and fluently.
- Organise their own warm up and cool down exercises.
- Show an understanding of safe exercising.
- Recognise and comment on dances, showing an understanding of style.
- Suggest ways to improve their own and other people's work.

### **National Curriculum Statements:**

Pupils should be taught to:

- develop flexibility, strength, technique, control and balance [for example, through athletics and gymnastics].
- perform dances using a range of movement patterns.
- compare their performances with previous ones and demonstrate improvement to achieve their personal best.

### **Significant people**



#### **Ashley Banjo**

Ashley Banjo is an English street dancer, choreographer and actor. He is the leader of dance troupe Diversity who won the third series of Britain's Got Talent.

### **Key Vocabulary:**

- Technique
- Formation
- Variation
- Improvisation
- Motif
- Phrase
- Unison