



## Jerry Clay Academy Subject Unit Overview

**Subject:** PE – Games

**Year Group:** Year 5

**Term:** Autumn/Spring/Summer

### **Core Learning of This Unit:**

#### Striking/Fielding

- Strike a bowled ball.
- Use a range of fielding skills, e.g catching, throwing, bowling, intercepting, with growing control and consistency.
- Work collaboratively in pairs, group activities and small sided games.
- Understand and implement some tactics in games.
- Use and apply the basic rules consistently and fairly.
- Recognise the activities and exercises that need including in a warm up.
- Identify their own strengths and suggest practises to help them improve.

#### Net

- Use forehand, backhand and overhand shots increasingly well in games they play.
- Use the skills they prefer with competence and consistency.
- Use the volley in games where it is important.
- Understand the need for tactics.
- Start to choose and use some tactics effectively.
- Play cooperatively with a partner.
- Apply rules consistently and fairly.
- Identify appropriate exercises and activities for warming up.
- Recognise how these games make their bodies work.
- Pick out what they and others do well and suggest ideas for practises.

#### Invasion

- Pass, dribble and shoot in games.
- Identify and use tactics to help their team keep the ball and take it towards the opposition's goal.
- Mark opponents and help in defence.
- Know and carry out warm up activities that use exercises helpful for invasion games.

Pick out things that could be improved in performances and suggest ideas and practises to make them better.

### **Prior Learning:**

#### Striking/Fielding

- Use a range of skills eg, throwing, striking, intercepting and stopping a ball, with control and accuracy.
- Choose and vary skills and tactics to suit the situation in a game.
- Carry out tactics successfully.
- Set up small games.
- Know rules and use them fairly to keep games going.
- Explain what they need to do to get ready to play games.
- Carry out warm ups with care and awareness of what is happening to their bodies.
- Describe what they and others do that is successful.
- Suggest what needs practising.

#### Net

- Keep up a continuous game, using a range of throwing and catching skills and techniques.
- Use a small range of basic racket skills.
- Choose and use a range of simple tactics for sending the ball in different ways to make it difficult for their opponent.
- Choose and use a range of simple tactics for defending their own court.
- Adapt and refine rules.
- Make up their own net games.
- Understand the point of the game.
- Keep rules effectively and fairly.
- Recognise and explain how net games make the body work.
- Talk about what they do well and recognise things they could do better

#### Invasion

- Throw and catch the ball to keep possession and score 'goals'.
- Be aware of space and use it to support team-mates and cause problems for the opposition.
- Know and use rules fairly to keep games going.
- Keep possession with some success when using equipment that is not used for throwing and catching skills.
- Explain why it is important to warm up and cool down.
- Say when a player has moved to help others.

Apply this knowledge to their own play.

### **National Curriculum Statements:**

Pupils should be taught to:

- use running, jumping, throwing and catching in isolation and in combination
- play competitive games, modified where appropriate [for example, badminton, basketball, cricket, football, hockey, netball, rounders and tennis], and apply basic principles suitable for attacking and defending



### **Significant people**

#### **Alex Danson**

Alexandra "Alex" Mary Louise Danson, MBE is a retired English international field hockey player who played as a forward for England and Great Britain. She helped team GB achieve a gold medal at the Rio 2016

### **Key Vocabulary:**

- Throwing/catching
- Boundary
- Possession
- Attacking/defending
- Tactics/strategies