



Jerry Clay Academy Subject Unit Overview

Subject: PE – OAA **Year Group:** Year 5 **Term:** Summer

Core Learning of This Unit:

- Choose and perform skills and strategies effectively.
- Find solutions to problems and challenges.
- Plan and implement the strategies they use.
- Adapt the strategies as necessary.
- Work increasingly well in a group or in a team where roles and responsibilities are understood.
- Prepare physically and organisationally for challenges they are set, taking into account the group's safety.
- Identify what they do well as individuals and as a group.
- Suggest ways to improve.

Prior Learning:

- Describe how the body reacts during the exercise and how this affects their performance.
- Explain why exercise is good for their health.
- Follow a map to move around a less familiar space.
- Follow a map with increasing accuracy and confidence within a set time limit.
- Be able to bring the correct equipment for the activity.
- Show leadership skills with growing confidence
- Be aware of dangers presented by weather conditions and be able to explain what they would do in different situations

National Curriculum Statements:

Pupils should be taught to:

- take part in outdoor and adventurous activity challenges both individually and within a team

Significant People

Bear Grylls



Edward Michael "Bear" Grylls OBE is a British adventurer, writer, television presenter and businessman. He first drew attention after embarking on a number of adventures, and then became widely known for his television series Man vs. Wild.

Key Vocabulary:

- Orienteering
- Building
- Teamwork
- Communication