



Jerry Clay Academy
Subject Unit Overview

Subject: PE – OAA

Year Group: Year 4

Term: Summer

Core Learning of This Unit:

- Describe how the body reacts during the exercise and how this affects their performance.
- Explain why exercise is good for their health.
- Follow a map to move around a less familiar space.
- Follow a map with increasing accuracy and confidence within a set time limit.
- Be able to bring the correct equipment for the activity.
- Show leadership skills with growing confidence
- Be aware of dangers presented by weather conditions and be able to explain what they would do in different situations

Prior Learning:

- Use maps and diagrams to orientate themselves and to travel around a simple course.
- Respond when the task or environment changes.
- Start to plan sensible responses to physical challenges or problems, talking and working with others in their group.
- Recognise some of the physical demands that activities make on them.
- Identify parts of the work that were successful.
- Respond to feedback on how to go about their work differently.

National Curriculum Statements:

Pupils should be taught to:

- take part in outdoor and adventurous activity challenges both individually and within a team

Significant People

Sir David Attenborough



Sir David Frederick Attenborough is an English broadcaster, biologist, natural historian and author. He is best known for writing and presenting the nine natural history documentary series forming the Life collection, a comprehensive survey of animal and plant life on Earth.

Key Vocabulary:

- Orienteering
- Building
- Teamwork
- Communication