



## Jerry Clay Academy Subject Unit Overview

**Subject:** PE – Dance **Year Group:** Year 4 **Term:** Spring 1

### Core Learning of This Unit:

- Respond imaginatively to a range of stimuli related to mood, character and narrative.
- Use simple motifs and patterns to structure dance phrases on their own, with a partner and in a group.
- Refine, repeat and remember dance phrases and dances.
- Perform dances clearly and fluently.
- Show sensitivity to the dance idea and the accompaniment.
- Show a clear understanding of how to warm up and cool down safely.
- Describe, interpret and evaluate dance, using appropriate language.

### Prior Learning:

- Improvise freely, translating ideas from a stimulus into a movement.
- Create dance phrases that communicate ideas.
- Share and create dance phrases with a partner and in a small group.
- Repeat, remember and perform these phrases in a dance.
- Use dynamic, rhythmic and expressive qualities clearly and with control.
- Understand the importance of warming up and cooling down.
- Recognise and talk about movements used and the expressive qualities of dance.
- Suggest improvements to their own and other people's dances.

### National Curriculum Statements:

Pupils should be taught to:

- develop flexibility, strength, technique, control and balance [for example, through athletics and gymnastics].
- perform dances using a range of movement patterns.
- compare their performances with previous ones and demonstrate improvement to achieve their personal best.

### Significant people



#### Perri Kierly

Perri Luc Kiely is an English street dancer, known as a current member of the dance troupe Diversity, who won the third series of BGT in 2009. He finished as runner-up in the twelfth series of Dancing on Ice in 2020

### Key Vocabulary:

- Rhythm
- Improvisation
- Dance phrase
- Character
- Repetition