



Jerry Clay Academy
Subject Unit Overview

Subject: PE – Athletics

Year Group: Year 2

Term: Summer 1

Core Learning of This Unit:

- Run at fast, medium and slow speeds, changing speed and direction.
- Link running and jumping activities with fluency, control and consistency.
- Make up and repeat a sequence of linked jumps.
- Take part in a relay activity, remembering when to run and what to do.
- Throw various objects, changing their action for accuracy and distance.
- Recognise when their heart rate, temperature and breathing rate have changed.

Prior Learning:

- Run at fast and slow speeds, changing direction.
- Link running and jumping activities with some fluency, control and consistency.
- Make up and repeat a short sequence of linked jumps.
- Take part in a relay activity.
- Throw a variety of objects, changing their action for distance.
- Recognise when their heart rate and temperature have changed.

National Curriculum Statements:

Pupils should be taught to:

- master basic movements, including running, jumping, throwing and catching, as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities

Significant People

Barbara Špotáková



Barbora Špotáková is a Czech track and field athlete who competes in the javelin throw. She is a two-time Olympic Champion and three-time World Champion, as well as the current world record holder with a throw of 72.28 m.

Key Vocabulary:

- Run/Jog/walk
- Throw/discus
- Javelin
- Accuracy
- Balance
- Pace