

Jerry Clay Academy Subject Unit Overview

Subject: PE – Dance **Year Group**: Year 2 **Term**: Spring 1

Core Learning of This Unit:

- Consistently perform a range of body actions correctly.
- Use different parts of the body singly and in combination fluently.
- Show a sense of dynamic, expressive and rhythmic qualities in their own dance whilst performing singly and in combination.
- Choose appropriate movements for different dance ideas and perform them.
- Remember and repeat dance phrases and simple dances.
- Move with control and coordination.
- Identify the different ways they use space.
- Describe how their lungs and heart work when dancing using key vocabulary.
- Perform body actions and simple expressive and dynamic qualities of movement.

Prior Learning:

- Perform basic body actions.
- Use different parts of the body singly and in combination.
- Show a sense of dynamic, expressive and rhythmic qualities in their own dance.
- Choose appropriate movements for different dance ideas.
- Remember and repeat short dance phrases and simple dances.
- Move with control.
- Vary the way they use space.
- Describe how their lungs and heart work when dancing.
- Describe basic body actions and simple expressive and dynamic qualities of movement.

National Curriculum Statements:

Pupils should be taught to:

- master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities
- perform dances using simple movement patterns

Significant People



Oti Mabuse

Otlile "Oti" Mabuse is a South African talent show judge, presenter, dancer and Latin dance champion currently based in the United Kingdom. She is best known for being a professional dancer on strictly come dancing.

Key Vocabulary:

- Rhythm /Space
- Speed
- Directions
- Body parts