



Physical Education Long Term plan

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Reception	Personal, social and emotional development – Building relationships, managing self Physical development - Gross motor skills Expressive arts and design - Being Imaginative and Expressive.					
Year 1	Games (Invasion games)	Gymnastics	Dance	Games (Net/wall games)	Athletics OAA	Games (Striking and fielding)
Year 2	Games (Invasion games)	Gymnastics	Dance	Games (Net/wall games)	Athletics OAA	Games (Striking and fielding)
Year 3	Games (Invasion games)	Gymnastics	Dance	Games (Net/wall games)	Athletics OAA	Games (Striking and fielding)
Year 4	Games (Invasion games)	Gymnastics	Dance	Games (Net/wall games)	Athletics OAA	Games (Striking and fielding)
Year 5	Games (Invasion games)	Gymnastics	Dance	Games (Net/wall games)	Athletics OAA	Games (Striking and fielding)
Year 6	Games (Invasion games)	Gymnastics	Dance	Games (Net/wall games)	Athletics OAA	Games (Striking and fielding)