



Jerry Clay Academy
Subject Unit Overview

Subject: PHSE Year Group: 6 Term: Spring 1

Core Learning of This Unit: Feelings, growing and changing.

- Recognise our thoughts, feelings and emotions and reduce our feeling of worry.
- Human reproduction – growing and changing – conception.
- Caring for your body and the changes moving through puberty.

1decision module links: Feelings and Emotions - worry Y6, Growing and changing – Conception Y6.

Prior Learning:

Health and well-being:
H1, H2, H3, H4, H5, H7, H8,
H14-H24, H27, H28, H29,
H31-H32, H34, H35, H37

Relationships:
R1-R11, R13, R16, R17, R20,
R22, R25, R26, R27, R29,
R30, R31, R32, R33, R34

Living in the wider world:
L4, L6, L8,

Jealousy, anger, worry, grief
– feelings and emotions.

Relationships, puberty –
Growing and changing.

National Curriculum Statements:

Health and Well-being
H4, H5, H14, H15, H16,
H17, H18, H19, H20,
H21, H22, H23, H24,
H30, H31, H32, H33,
H34, H35, H36, H37

Relationships
R1, R2, R6, R7, R18, R20
R22, R25, R31, R32

Living in the Wider
World:
L4, L8

Key Vocabulary:

- **Sexuality** – The feelings, thoughts, attractions and behaviours towards other people.
- **Stereotypes** – An image or idea of a particular type of thing or person.
- **Conception** – The action of conceiving a child. The process of becoming pregnant.
- **Puberty** – The process of physical changes through which a child's body matures into an adult body capable of sexual reproduction.
- **Contraception** – Deliberate methods to prevent pregnancy.
- **Fertilisation** – The process of combining a sperm and ovum.
- **Reproduction** – is the process of reproducing or copying something.
- **FGM** – Female Genital Mutilation
- **Worry** – To feel anxious over potential problems.
- **Anxious** – To feel worried, nervous or afraid.

Significant People

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