



Jerry Clay Academy
Subject Unit Overview

Subject: PHSE Year Group: 4 Term: Spring 1

Core Learning of This Unit: Growing and Changing

- Identify the different types of relationships we can have and describe how these can change as we grow
- Explain how our families support us and how we can support our families
- Identify how relationships can be healthy or unhealthy
- Explain how to ask for help and identify who can help us if a relationship makes us feel uncomfortable

1decision module links: Growing and Changing – BA and Appropriate touch (relationships) Y4.

Prior Learning:

Health and Well-being

H11, H12-19, H21, H22, H24, H25, H32, H33.

Relationships

R1-R13, R16, R20-25.

Living in the wider world

L4, L6

Relationships 1 decision modules Y1-3 - bullying, body language, friendship, touch.

National Curriculum Statements:

Health and Well-being

H18, H19, H20, H21, H24, H25, H27, H35,

Relationships

R1, R3, R4, R5, R6, R7, R8, R9, R11, R16, R18, R22, R24, R25, R26, R27, R29, R32,

Living in the wider world

L2, L6, L8,

Key Vocabulary:

- **Nervous** *Being fearful, worried, or concerned about someone or an event.*
- **Scared** *Feeling fearful or frightened.*
- **Inappropriate** *Not right for or suited to the situation or purpose. Not appropriate.*
- **Connection** *The act of joining or being joined to something else.*
- **Civil partnership** *A civil partnership is a legal relationship which can be registered*
 - *by two people who aren't related to each other.*
- **Marriage** *A formal union and social and legal contract between two individuals that unite their lives legally, economically, and emotionally.*

Significant People

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