



Jerry Clay Academy Subject Unit Overview

Subject: PHSE Year Group: 3 Term: Autumn term 2

Core Learning of This Unit: Staying Safe and Healthy

- How to stay healthy and safe
- About the people who can help us stay healthy and safe.
- Spot dangers and recognise risky situations

1decision module links: Keeping/Staying healthy – Medicine and summative assessment. Keeping / staying safe – staying safe, leaning out of windows and summative assessment Y3

Prior Learning: Year 2 PHSE

- What constitutes and how to maintain a healthy lifestyle including benefits of physical activity, rest, healthy eating and dental health.
- What positively and negatively affects their physical, mental and emotional health.
- About the 'special people' that work in their community and who are responsible for looking after them and protecting them.
- To recognise and celebrate their own strengths and set simple challenging goals.

National Curriculum Statements:

- School rules about health and safety, basic emergency aid procedures, where and how to get help.
- About people who are responsible for helping them stay healthy and safe; how they can get these people to help them keep healthy and safe.

Key Vocabulary:

PCSO
Appliances
Dangerous
Chemicals
Warning signs
Pressured
Permission
Medicine
Allergies
Immune system
Vaccination
Antibodies
Risky

Significant People

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