

## Jerry Clay Academy Subject Unit Overview

Subject: PHSE Year Group: 3 Term: Autumn term 1

### **Core Learning of This Unit: Feelings and Emotions**

- Celebrating and reflecting on strengths and setting goals.
- Identity and respect for other people.
- To recognise and name emotions and physical effects.
- Learn a range of skills for coping with pleasant / uncomfortable emotions.

1decision module links: Feelings and Emotions – grief and summative assessment Y3. \*Link with Y2 Feelings and Emotions modules – Worry and Anger

#### Prior Learning: Year 2 PHSE

To recognise and celebrate their own strengths and set simple challenging goals.

- To think about themselves, to learn from their experiences, to recognise and celebrate their strengths and set simple but challenging goals.
- To identify and respect the differences and similarities between people.
- Recognise different types of teasing and bullying, to understand that these are wrong and unacceptable. How to resist teasing or bullying and what to do if they experience or witness it.
- To share their opinions on things that matter to them and explain their views.
- Ways in which they are all unique; understand that there has never been and will never be another 'them'.
- Ways in which we are the same as all other people; what we have in common with everyone else.

# National Curriculum Statements:

## **Key Vocabulary:**

Grief
Confusion
Memory Box
Teasing
Bullying
Anger
Jealousy
Goal
Control
Manage

## Significant People

• Duke and Duchess of Cambridge