



Jerry Clay Academy Subject Unit Overview

Subject: PHSE Year Group: 1 Term: Spring 1

Core Learning of This Unit: Relationships

- To build healthy positive friendships – how to be a good friend.
- Identify special people in their lives.
- The difference between secrets and surprises.
- Caring for one another and our feelings.

<https://www.bbc.co.uk/bitesize/topics/zswwxnb/resources/1>

1decision module links: Relationships BA and Friendship

Prior Learning:

Reception ELG: PSED

- Show an understanding of their own feelings/others and regulate their behaviour accordingly.
- Set and work towards simple goals.
- Control immediate impulses.
- Give focussed attention, respond and follow instructions.
- Be confident to try new activities, show independence, resilience and perseverance in the face of challenge.
- Explain rules, know right from wrong.
- Manage basic hygiene. Understand healthy food choices.
- Take turns, form positive relationships. Show sensitivity to needs.

National Curriculum Statements:

- The difference between secrets and surprises.
- Recognise what is fair and unfair, kind and unkind, what is right and wrong.
- Healthy positive friendships.
- Identify special people, what makes them special and how to care for one another.

Health and well-being

H17, H21, H22, H24

Relationships

R2-R6, R8, R9, R11, R21, R22, R23, R24, R25

Living in the wider world

L4, L6

Key Vocabulary:

- **Caring** – Kind and helpful.
- **Kind** – thinking about others feelings.
- **Love** – Strong and warm affection.
- **Trust** – Believe in. have faith in, depend on or count on.
- **Special** – better or more important than other people or things.
- **Secret** – not known or seen by others.
- **Surprise** – a sudden feeling of wonder or unexpected event, fact or piece of news.
- **Relationships** – A connection between 2 or more people or things.
- **Security** – Feeling safe and free from danger.
- **Stability** – Reliable / unlikely to change suddenly.
- **Disagree** – To have a different opinion

Significant People

- Prince William and Prince Harry.