



Jerry Clay Academy  
Subject Knowledge Organiser

**Subject:** Physical Education

**Year Group:** Year 6

**Term:** Summer 2

**Core Learning of This Unit:**

- To use running, jumping, throwing and catching in isolation and in combination
- To play competitive games, modified where appropriate [for example, badminton, basketball, cricket, football, hockey, netball, rounders and tennis]
- To apply basic principles suitable for attacking and defending
- To develop flexibility, strength, technique, control and balance [for example, through athletics and gymnastics]
- To perform dances using a range of movement patterns
- To take part in outdoor and adventurous activity challenges both individually and within a team
- To compare their performances with previous ones and demonstrate improvement to achieve their personal best

**Prior Learning:**

- Children can complete basic and more advanced core skills with control and accuracy.
- Children can use tier 2 PE related vocabulary such as when critiquing their performance to discuss what they have done well and what they could do to improve their performance.
- Children can work in a variety of group situations.

**National Curriculum Statements:**

**Sports day preparation**

- Complete Olympic sports with control.
- Choose the best pace for a running event, so that they can sustain their running and improve performance.
- Show control at take-off in jumping activities.
- Show accuracy and good technique when throwing.

**Tennis**

- Use forehand, backhand and overhead shots increasingly well in games they play.
- Use the skills they prefer with competence and consistency.
- Use the volley in games where it is important.
- Understand the need for tactics.
- Start to choose and use some tactics effectively.
- Play cooperatively with a partner.
- Apply rules consistently and fairly.
- Identify appropriate exercises and activities for warming up.
- Recognise how these games make their bodies work.
- Pick out what they and others do well and suggest ideas for practises.

**Dance**

- Work creatively and imaginatively on their own, with a partner and in a group to compose motifs and structure simple dances.
- Perform to an accompaniment expressively and sensitively and perform dances fluently with control.
- Use appropriate criteria to evaluate and refine their own and others' work and use high level language and terminology to discuss their dance.

**Key Vocabulary:**

**Sports day**

- Sprint
- Distance
- Measure
- Accuracy
- Power
- Stamina
- Rhythm
- Target

**Tennis**

- Passing
- Court
- Net
- Forehand
- Backhand
- Volley
- Overhead

**Dance**

- Technique
- Formation
- Variation
- Improvisation
- Motif
- Phrase
- Unison



**Significant people**

**Rafael Nadal**

Rafael "Rafa" Nadal Parera is a Spanish professional tennis player currently ranked world No. 2 in men's singles tennis by the Association of Tennis Professionals.