



Jerry Clay Academy
Subject Knowledge Organiser

Subject: Physical Education

Year Group: Year 6

Term: Summer 1

Core Learning of This Unit:

- To use running, jumping, throwing and catching in isolation and in combination
- To play competitive games, modified where appropriate [for example, badminton, basketball, cricket, football, hockey, netball, rounders and tennis]
- To apply basic principles suitable for attacking and defending
- To develop flexibility, strength, technique, control and balance [for example, through athletics and gymnastics]
- To perform dances using a range of movement patterns
- To take part in outdoor and adventurous activity challenges both individually and within a team
- To compare their performances with previous ones and demonstrate improvement to achieve their personal best

Prior Learning:

- Children can complete basic and more advanced core skills with control and accuracy.
- Children can use tier 2 PE related vocabulary such as when critiquing their performance to discuss what they have done well and what they could do to improve their performance.
- Children can work in a variety of group situations.

National Curriculum Statements:

Cricket

- Strike a bowled ball.
- Use a range of fielding skills with control and consistency.
- Understand and implement some tactics in games.
- Use and apply the basic rules consistently and fairly.
- Recognise the activities and exercises that need including in a warm up.
- Identify their own strengths and suggest practises to help them improve.

Gymnastics

- Make up longer, more complex sequences, including changes of direction, level and speed.
- Develop their own solutions to a task by choosing and applying a range of compositional principles.
- Combine and perform gymnastic actions, shapes and balances.
- Show clarity, fluency, accuracy and consistency in their
- Show an awareness of factors influencing the quality of performance and suggest aspects that need improving

Olympic sports

- Complete Olympic sports with control.
- Choose the best pace for a running event, so that they can sustain their running and improve performance.
- Show control at take-off in jumping activities.
- Show accuracy and good technique when throwing.

Key Vocabulary:

Cricket

- Batting
- Fielding
- Innings
- Wicket
- Base
- Boundary
- Scoring

Gymnastics

- Dynamics
- Combination
- Asymmetric
- Symmetry
- Refine
- Evaluate
- Accuracy
- Suppleness
- Muscles

Olympic sports

- Measure
- Distance
- Accuracy
- Stamina
- Power
- Rhythm



Significant people

Usain Bolt

Usain St Leo Bolt, OJ, CD is a Jamaican former sprinter. He is a world record holder in the 100 metres, 200 metres and 4 × 100 metres relay.