



Jerry Clay Academy  
Subject Knowledge Organiser

**Subject:** Physical Education

**Year Group:** Year 1

**Term:** Summer 1

**Core Learning of This Unit:**

- To develop competence to excel in a broad range of activities
- To be physically active for a sustained period of time
- To engage in competitive sports and activities
- To lead healthy, active lives
- To master basic movements including running, jumping, throwing and catching.
- To develop balance, agility, co-ordination and begin to apply these to a range of activities
- To participate in team games and develop simple tactics for attacking and defending
- To perform dances using simple movement patterns

**Prior Learning:**

- Children are starting to move parts of their body in different ways.
- Children have developed control when completing movements.
- Children are starting to use PE related vocabulary such as throw and squeeze.

**National Curriculum Statements:**

**Dance**

- Perform basic body actions and using different body parts
- Show rhythm and use space when dancing
- Remember a short dance and move with control
- Describe body actions

**Tennis**

- To use equipment correctly and hit the ball in different ways
- To think about positioning to make it difficult for oppositions

**Olympic sports**

- Run and jump at fast and slow speeds, changing directions
- Take part in a relay activity.

**Key Vocabulary:**

**Dance**

- Rhythm
- Space
- Speed
- Directions
- Body parts

**Tennis**

- Aiming
- Free space
- Passing
- Controlling
- Direction
- Follow

**Olympic sports**

- Run
- Jog
- Throw
- Hop
- Walk

**Significant People**



**Andy Murray**

Andy Murray is a professional tennis player from Scotland. He is three-time Grand Slam tournament winner, two-time Olympic champion, Davis Cup champion, winner of the 2016 ATP World Tour Finals, and former world No. 1.