



Jerry Clay Academy
Subject Knowledge Organiser

Subject: PHSE Year Group: 5 Term: Autumn 1

Core Learning of This Unit:

- Drug, alcohol and tobacco education.

Prior Learning:

- How to make informed choices (including recognising that choices can have positive, neutral and negative consequences) and to begin to understand the concept of a 'balanced lifestyle'.
- How pressure to behave in unacceptable, unhealthy or risky ways can come from a variety of sources, including people they know and the media.
- What is meant by the term 'habit' and why habits can be hard to change.
- What positively and negatively affects their physical, mental and emotional health.

National Curriculum Statements:

- Which, why and how, commonly available substances and drugs (including alcohol, tobacco and 'energy drinks') can damage their immediate and future health and safety; that some are restricted and some are illegal to own, use and give to others.

Key Vocabulary:

- **Habit** – A practice that is hard to give up.
- **Addiction** – The need for and use of a habit-forming substance.
- **Substance** – It is a matter which has specific properties.
- **Classification** – The grouping together of similar species such as plants, animals, fungi and bacteria.
- **Restricted** – Something that has limits.
- **Misuse** – Use it in correctly, carelessly or dishonestly.

Significant People

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