



Jerry Clay Academy
Subject Knowledge Organiser

Subject: Physical Education

Year Group: Year 6

Term: Autumn 2

Core Learning of This Unit:

- To use running, jumping, throwing and catching in isolation and in combination
- To play competitive games, modified where appropriate [for example, badminton, basketball, cricket, football, hockey, netball, rounders and tennis]
- To apply basic principles suitable for attacking and defending
- To develop flexibility, strength, technique, control and balance [for example, through athletics and gymnastics]
- To perform dances using a range of movement patterns
- To take part in outdoor and adventurous activity challenges both individually and within a team
- To compare their performances with previous ones and demonstrate improvement to achieve their personal best

Prior Learning:

- Children can complete basic and more advanced core skills with control and accuracy.
- Children can use tier 2 PE related vocabulary such as when critiquing their performance to discuss what they have done well and what they could do to improve their performance.
- Children can work in a variety of group situations.

National Curriculum Statements:

Indoor athletics

- Complete different indoor athletic sports with control and improve the ability in these sports.
- Choose the best pace for a running event, so that they can sustain their running.
- Show control at take-off in jumping activities.
- Show accuracy and good technique when throwing.
- Understand how stamina and power help people to perform well in different athletic activities.

Hockey

- Work collaboratively in pairs, groups and small games.
- Understand and implement tactics effectively in games to help them keep possession and move towards the opposition's goal.
- Use and apply the rules consistently and fairly.
- Identify their own strengths and suggest practises to help them improve.
- Use skills with competence and consistency.
- Pick out what they and others do well, suggest ideas for practises and critique performances

Dance

- Work creatively and imaginatively on their own, with a partner and in a group to compose motifs and structure simple dances.
- Perform to an accompaniment expressively and sensitively and perform dances fluently with control.
- Use appropriate criteria to evaluate and refine their own and others' work and use high level language and terminology to discuss their dance.

Key Vocabulary:

Indoor athletics

- Control
- Stamina
- Approach
- Distance
- Pacing
- Rhythm
- Performance
- Accuracy

Hockey

- Pass/send
- Receive
- Possession
- Tactics
- Scoring
- Attacking
- Defending
- Width
- Support
- Covering

Dance

- Technique
- Formation
- Variation
- Improvisation
- Motif
- Phrase
- Unison



Significant people

Lily Owsley

Lily Isabelle Owsley, MBE is an English international field hockey player who plays as a forward for England and Great Britain. She won gold competing for Great Britain at the 2016 Rio Olympics.