



Jerry Clay Academy
Subject Knowledge Organiser

Subject: Physical Education

Year Group: Year 6

Term: Autumn 1

Core Learning of This Unit:

- To use running, jumping, throwing and catching in isolation and in combination
- To play competitive games, modified where appropriate [for example, badminton, basketball, cricket, football, hockey, netball, rounders and tennis]
- To apply basic principles suitable for attacking and defending
- To develop flexibility, strength, technique, control and balance [for example, through athletics and gymnastics]
- To perform dances using a range of movement patterns
- To take part in outdoor and adventurous activity challenges both individually and within a team
- To compare their performances with previous ones and demonstrate improvement to achieve their personal best

Prior Learning:

- Children can complete basic and more advanced core skills with control and accuracy.
- Children can use tier 2 PE related vocabulary such as when critiquing their performance to discuss what they have done well and what they could do to improve their performance.
- Children can work independently, in pairs or in small groups effectively.

National Curriculum Statements:

Tag Rugby

- Work collaboratively in pairs, group activities and small sided games.
- Understand and implement some tactics in games consistently and fairly.
- Identify their own strengths and suggest practises to help them improve.
- Use the skills they prefer with competence and consistency.
- Identify and use tactics to help their team keep the ball and take it towards the opposition's goal.
- Mark opponents and help in defence.

Cross country

- Know and use different running methods.
- Suggest how performances could be improved.
- To choose skills and tactics to suit the situation.
- Describe what they and others do that is successful.

Indoor athletics

- Complete different indoor athletic sports with control and improve the ability in these sports.
- Choose the best pace for a running event, so that they can sustain their running.
- Show control at take-off in jumping activities.
- Show accuracy and good technique when throwing for distance.
- Understand how stamina and power help people to perform well in different athletic activities.

Key Vocabulary:

Tag Rugby

- Pass/send
- Receive
- Possession
- Tactics
- Scoring
- Attacking
- Defending
- Width
- Support
- Covering

Cross country

- Control
- Stamina
- Approach
- Steady rate
- Heartrate
- Pacing
- Rhythm
- Performance

Indoor athletics

- Control
- Stamina
- Approach
- Distance
- Pacing
- Rhythm
- Performance
- Accuracy



Significant people

Owen Farrell

Owen Andrew Farrell is an English professional rugby union player, currently playing for Premiership Rugby side Saracens. Farrell has played international rugby for England since 2012 and is currently the captain of the England team.