



Jerry Clay Academy  
Subject Knowledge Organiser

**Subject:** Physical Education

**Year Group:** Year 4

**Term:** Summer 1

**Core Learning of This Unit:**

- To use running, jumping, throwing and catching in isolation and in combination
- To play competitive games, modified where appropriate [for example, badminton, basketball, cricket, football, hockey, netball, rounders and tennis]
- To apply basic principles suitable for attacking and defending
- To develop flexibility, strength, technique, control and balance [for example, through athletics and gymnastics]
- To perform dances using a range of movement patterns
- To take part in outdoor and adventurous activity challenges both individually and within a team
- To compare their performances with previous ones and demonstrate improvement to achieve their personal best

**Prior Learning:**

- Children are using core skills with control and accuracy.
- Children can explain why they use specific movements to complete an action.
- Children are starting to use PE related vocabulary to critique their performance to explain how they could improve this.

**National Curriculum Statements:**

**Dance**

- Respond imaginatively to a range of stimuli related to mood, character and narrative.
- Use simple motifs and patterns to structure dance phrases on their own, with a partner and in a group.
- Refine, repeat and remember dance phrases and dances.
- Show sensitivity to the dance idea and the accompaniment.

**Tennis**

- Use a range of skills with control and accuracy.
- Carry out tactics successfully.
- Know rules and use them fairly to keep games going.
- Use a small range of basic racket skills.

**Benchball**

- Use a range of skills with control and accuracy.
- Carry out tactics successfully.
- Know rules and use them fairly.

**Key Vocabulary:**

**Dance**

- Rhythm
- Improvisation
- Dance phrase
- Character
- Repetition

**Tennis**

- Aiming
- Free space
- Passing
- Controlling
- Direction
- Follow

**Benchball**

- Keep possession
- Scoring goals
- Attacking
- Defending
- Tactics
- Support
- Stance

**Significant People**



**Novak Djokovic**

Novak Djokovic is a Serbian professional tennis player who is currently ranked world No. 1 in men's singles tennis by the Association of Tennis Professionals.