



Jerry Clay Academy  
Subject Knowledge Organiser

**Subject:** Physical Education

**Year Group:** Year 4

**Term:** Autumn 2

**Core Learning of This Unit:**

- To use running, jumping, throwing and catching in isolation and in combination
- To play competitive games, modified where appropriate [for example, badminton, basketball, cricket, football, hockey, netball, rounders and tennis]
- To apply basic principles suitable for attacking and defending
- To develop flexibility, strength, technique, control and balance [for example, through athletics and gymnastics]
- To perform dances using a range of movement patterns
- To take part in outdoor and adventurous activity challenges both individually and within a team
- To compare their performances with previous ones and demonstrate improvement to achieve their personal best

**Prior Learning:**

- Children are developing the accuracy and control of core skills.
- Children show an understanding of when to use specific body parts to complete an action.
- Children are starting to consider other people (teammates, opponents and partners) around them and recognise the importance of space.

**National Curriculum Statements:**

**Gymnastics**

- Perform actions, balances, body shapes and agilities with control.
- Plan, perform and repeat longer sequences that include changes of speed and level, clear shapes and quality of movement.
- Adapt their own movements to include a partner in a sequence.
- Understand that strength and suppleness can be improved.

**Hockey/Games**

- To show awareness of opponents and team-mates when playing games.
- Choose skills and tactics to suit the situation in a game.
- Understand the rules of the game.
- Keep possession and score 'goals'.
- Be aware of space and use it to support team-mates and cause problems for the opposition.

**Key Vocabulary:**

**Gymnastics**

- Explosive
- Evaluate
- Improve
- Asymmetric
- Contrasting

**Hockey/Games**

- Aiming
- Attacking
- Defending
- Passing
- Tactics
- Boundary

**Significant People**



**Oliver Willars**

Oliver "Ollie" Wilton Willars is an English international field hockey player who plays as a defender for the England and Great Britain national team. Willars plays club hockey in the Men's England Hockey League Premier Division for Beeston Hockey Club.