



Jerry Clay Academy
Subject Knowledge Organiser

Subject: Physical Education

Year Group: Year 4

Term: Autumn 1

Core Learning of This Unit:

- To use running, jumping, throwing and catching in isolation and in combination
- To play competitive games, modified where appropriate [for example, badminton, basketball, cricket, football, hockey, netball, rounders and tennis]
- To apply basic principles suitable for attacking and defending
- To develop flexibility, strength, technique, control and balance [for example, through athletics and gymnastics]
- To perform dances using a range of movement patterns
- To take part in outdoor and adventurous activity challenges both individually and within a team
- To compare their performances with previous ones and demonstrate improvement to achieve their personal best

Prior Learning:

- Children can complete basic core skills (throwing and catching and moving into space) with control and accuracy.
- Children can explain which parts of their body they are using for specific movements.
- Children can use PE related vocabulary such as throwing, catching and moving into space when discussing their performance.

National Curriculum Statements:

Dance

- Respond imaginatively to a range of stimuli related to mood, character and narrative.
- Use simple motifs and patterns to structure dance phrases on their own, with a partner and in a group.
- Refine, repeat and remember dance phrases and dances.
- Perform dances clearly and fluently.
- Show sensitivity to the dance idea and the accompaniment.

Tag Rugby

- Choose skills and tactics to suit the situation in a game.
- Know rules and use them fairly to keep games going.
- Throw and catch the ball to keep possession and score 'goals'.
- Be aware of space and use it to support team-mates and cause problems for the opposition.

Cross country

- Know and use different running methods.
- Suggest how performances could be improved.
- To choose skills and tactics appropriately within that situation.

Key Vocabulary:

Dance

- Rhythm
- Improvisation
- Dance phrase
- Character
- Repetition

Tag Rugby

- Pass/send
- Receive
- Possession
- Tactics
- Scoring
- Attacking
- Defending

Cross country

- Control
- Stamina
- Approach
- Steady rate
- Heartrate



Significant people

Anna Pavlova (1881-1931)

Russian prima ballerina, recognised for the creation of the role, 'The Dying Swan', who became the first ballerina to tour ballet internationally.