



Jerry Clay Academy
Subject Knowledge Organiser

Subject: Physical Education

Year Group: Year 4

Term: Summer 2

Core Learning of This Unit:

- To use running, jumping, throwing and catching in isolation and in combination
- To play competitive games, modified where appropriate [for example, badminton, basketball, cricket, football, hockey, netball, rounders and tennis]
- To apply basic principles suitable for attacking and defending
- To develop flexibility, strength, technique, control and balance [for example, through athletics and gymnastics]
- To perform dances using a range of movement patterns
- To take part in outdoor and adventurous activity challenges both individually and within a team
- To compare their performances with previous ones and demonstrate improvement to achieve their personal best

Prior Learning:

- Children are starting to use specific movements which they identify as helping to improve their performance
- Children have developed control and are developing their accuracy, aiming for a target.
- Children can use high level vocabulary to explain what makes a good performance and are starting to find ways of improving their performance.

National Curriculum Statements:

Sports day events

- Understand and demonstrate the difference between sprinting and running.
- Know and demonstrate some throwing techniques.
- Throw with some accuracy and power into a target area.
- Perform a range of jumps, showing consistent techniques and sometimes using a short run up.
- Compare and contrast performances using appropriate language.

Rounders/cricket

- Hit and kick the ball in different ways
- Choose different ways of hitting, throwing, kicking and striking the ball.
- Think about positioning to make it difficult for oppositions
- Choose skills and tactics to suit the situation in the game
- Use a small range of basic racket skills.

Key Vocabulary:

Sports day events

- Target
- Accuracy
- Measure
- Obstacles
- Rhythm

Rounders/cricket

- Innings
- Pitch
- Attacking
- Defending
- Stance
- Aiming
- Direction

Significant People



Andrew Flintoff

Andrew Flintoff MBE, also known as Freddie Flintoff. Flintoff played all forms of the game and was one of the sport's leading all-rounders, a fast bowler, middle order batsman and slip fielder.