



Jerry Clay Academy
Subject Knowledge Organiser

Subject: Physical Education

Year Group: Year 3

Term: Summer 1

Core Learning of This Unit:

- To use running, jumping, throwing and catching in isolation and in combination
- To play competitive games, modified where appropriate [for example, badminton, basketball, cricket, football, hockey, netball, rounders and tennis]
- To apply basic principles suitable for attacking and defending
- To develop flexibility, strength, technique, control and balance [for example, through athletics and gymnastics]
- To perform dances using a range of movement patterns
- To take part in outdoor and adventurous activity challenges both individually and within a team
- To compare their performances with previous ones and demonstrate improvement to achieve their personal best

Prior Learning:

- Children are starting to complete core skills with control and accuracy.
- Children can describe which parts of their body they are using and explain why they need to use these for a specific movement.
- Children are starting to use PE related vocabulary to critique their performance.

National Curriculum Statements:

Dance

- Improvise freely, translating ideas from a stimulus into a movement.
- Create dance phrases that communicate ideas.
- Use dynamic, rhythmic and expressive qualities clearly and with control.
- Suggest improvements to their own and other people's dances.

Tennis

- Use a range of skills with control and accuracy.
- Carry out tactics successfully.
- Know rules and use them fairly to keep games going.
- Use a small range of basic racket skills.

Benchball

- Use a range of skills with control and accuracy.
- Carry out tactics successfully.
- Know rules and use them fairly to keep games going.

Key Vocabulary:

Dance

- Rhythm
- Improvisation
- Dance phrase
- Character
- Repetition

Tennis

- Aiming
- Free space
- Passing
- Controlling
- Direction
- Follow

Benchball

- Keep possession
- Scoring goals
- Attacking
- Defending
- Tactics
- Support
- Stance

Significant People



Roger Federer

Roger Federer is a professional tennis player from Switzerland who is ranked world No. 4 in men's singles tennis by the Association of Tennis Professionals. He has won eight Wimbledon titles.