



Jerry Clay Academy
Subject Knowledge Organiser

Subject: Physical Education

Year Group: Year 3

Term: Summer 2

Core Learning of This Unit:

- To use running, jumping, throwing and catching in isolation and in combination
- To play competitive games, modified where appropriate [for example, badminton, basketball, cricket, football, hockey, netball, rounders and tennis]
- To apply basic principles suitable for attacking and defending
- To develop flexibility, strength, technique, control and balance [for example, through athletics and gymnastics]
- To perform dances using a range of movement patterns
- To take part in outdoor and adventurous activity challenges both individually and within a team
- To compare their performances with previous ones and demonstrate improvement to achieve their personal best

Prior Learning:

- Children are starting to understand the different sports and how we use different movements for specific actions within sports
- Children have developed control and are starting to develop accuracy when completing movements.
- Children are starting to use PE related vocabulary to start to evaluate their performance.

National Curriculum Statements:

Sports day events

- Understand and demonstrate the difference between sprinting and running.
- Know and demonstrate some throwing techniques.
- Throw with some accuracy and power into a target area.
- Perform a range of jumps, showing consistent techniques and sometimes using a short run up.
- Compare and contrast performances using appropriate language.

Rounders/cricket

- Hit and kick the ball in different ways
- Choose different ways of hitting, throwing, kicking and striking the ball.
- Think about positioning to make it difficult for oppositions
- Choose skills and tactics to suit the situation in the game
- Use a small range of basic racket skills.

Key Vocabulary:

Sports day events

- Target
- Accuracy
- Measure
- Obstacles
- Rhythm

Rounders/cricket

- Innings
- Pitch
- Attacking
- Defending
- Stance
- Aiming
- Direction

Significant People



Azhar Ali

Azhar Ali is a Pakistani international cricketer who is the current captain of Pakistan national cricket team in Test cricket. Ali made his Test debut for Pakistan against Australia in the first Test at Lord's in July 2010.