

# Jerry Clay Academy Subject Knowledge Organiser

**Subject**: Physical Education **Year Group**: Year 2 **Term**: Spring 2

## **Core Learning of This Unit:**

- To develop competence to excel in a broad range of activities
- To be physically active for a sustained period of time
- To engage in competitive sports and activities
- To lead healthy, active lives
- To maser basic movements including running, jumping, throwing and catching.
- To develop balance, agility, co-ordination and begin to apply these to a range of activities
- To participate in team games and develop simple tactics for attacking and defending
- To perform dances using simple movement patterns

# **Prior Learning:**

- Children have developed their core skills of throwing and catching using different techniques (underarm and overarm throws).
- Children are continuing to use PE related vocabulary such as throw, catch and move.
- Children are understanding how to move their bodies in different ways for control.

# National Curriculum Statements:

## **Gymnastics**

- To develop their technique and improve their performance.
- To use space and perform basic body actions and movements aesthetically.
- To remember a sequence of movements.

### **Benchball/Games**

- Choose different ways of hitting, throwing, kicking and striking the ball.
- Think about positioning to make it difficult for oppositions and intercept the ball.
- Describe how you feel.

# **Key Vocabulary:**

# **Gymnastics**

- Forwards
- Backwards
- Matt
- Still
- Body parts
- Hold

# **Benchball/Games**

- Aiming
- Free space
- Passing
- Direction
- Team
- Own space

#### **Significant People**



#### **Euan Cox**

Euan Cox is a strong gymnast who can compete across the apparatus. Last year, his final one as a junior gymnast, he showed his qualities at the British Championships, winning three apparatus medals in the under 18 age group.