



Jerry Clay Academy
Subject Knowledge Organiser

Subject: Physical Education

Year Group: Year 1

Term: Summer 1

Core Learning of This Unit:

- To develop competence to excel in a broad range of activities
- To be physically active for a sustained period of time
- To engage in competitive sports and activities
- To lead healthy, active lives
- To master basic movements including running, jumping, throwing and catching.
- To develop balance, agility, co-ordination and begin to apply these to a range of activities
- To participate in team games and develop simple tactics for attacking and defending
- To perform dances using simple movement patterns

Prior Learning:

- Children are starting to move parts of their body in different ways.
- Children have developed control when completing movements.
- Children are starting to use PE related vocabulary such as throw and squeeze.

National Curriculum Statements:

Dance

- Perform basic body actions and using different body parts
- Show rhythm and use space when dancing
- Remember a short dance and move with control
- Describe body actions

Tennis

- To use equipment correctly and hit the ball in different ways
- To think about positioning to make it difficult for oppositions

Olympic sports

- Run and jump at fast and slow speeds, changing directions
- Take part in a relay activity.

Key Vocabulary:

Dance

- Rhythm
- Space
- Speed
- Directions
- Body parts

Tennis

- Aiming
- Free space
- Passing
- Controlling
- Direction
- Follow

Olympic sports

- Run
- Jog
- Throw
- Hop
- Walk

Significant People



Andy Murray

Andy Murray is a professional tennis player from Scotland. He is three-time Grand Slam tournament winner, two-time Olympic champion, Davis Cup champion, winner of the 2016 ATP World Tour Finals, and former world No. 1.