



Jerry Clay Academy
Subject Knowledge Organiser

Subject: Physical Education

Year Group: Year 1

Term: Summer 2

Core Learning of This Unit:

- To develop competence to excel in a broad range of activities
- To be physically active for a sustained period of time
- To engage in competitive sports and activities
- To lead healthy, active lives
- To master basic movements including running, jumping, throwing and catching.
- To develop balance, agility, co-ordination and begin to apply these to a range of activities
- To participate in team games and develop simple tactics for attacking and defending
- To perform dances using simple movement patterns

Prior Learning:

- Children are starting to move parts of their body in different ways.
- Children have developed control when completing movements.
- Children are starting to use PE related vocabulary such as throw and squeeze.

National Curriculum Statements:

Sports day events

- Run at fast and slow speeds, changing directions
- Link running and jumping activities with some fluency, control and consistency.
- Make up and repeat a short sequence of linked jumps.
- Throw a variety of objects, changing their action for distance.

Rounders/cricket

- Hit and kick the ball in different ways
- Choose different ways of hitting, throwing, kicking and striking the ball.
- Think about positioning to make it difficult for oppositions
- Describe how the body feels during the game

Key Vocabulary:

Sports day events

- Jog
- Throw
- Hop
- Walk
- Run
- Target
- Fast

Rounders/cricket

- Striking
- Rolling
- Overarm throw
- Free space
- Aiming
- Direction

Significant People



Joe Root

Joseph Edward Root MBE is an English international cricketer who is the current captain of the England Test team. He also represents Yorkshire.