



Name: _____

Year Group: _____

Beginning 5:

- Solve some of the problems and challenges set in familiar environments, with help and guidance.
- Work cooperatively to put strategies and solutions into action.
- Take on roles given to them.
- Show some understanding of problem-solving strategies planned by others.
- Follow instructions when preparing physically for challenges.
- Follow safety rules.
- Recognise when a solution has been successful.
- Describe what happened.

Within 5:

- Choose and perform skills and strategies effectively.
- Find solutions to problems and challenges.
- Plan and implement the strategies they use.
- Adapt the strategies as necessary.
- Work increasingly well in a group or in a team where roles and responsibilities are understood.
- Prepare physically and organisationally for challenges they are set, taking into account the group's safety.
- Identify what they do well as individuals and as a group.
- Suggest ways to improve.

Secure 5/Exceeding:

- Work confidently in familiar and changing environments.
- Adapt to new situations.
- Devise a range of solutions to problems and challenges.
- Understand clearly the nature of a challenge or problem and what they want to achieve.
- Take a leading role when working with others.
- Prepare effectively and safely.
- Identify and respond to events as they happen.
- Identify effective performances and solutions.
- Take the lead in planning to improve weaknesses.

Notes:

Working at/date assessed: