



Name: _____

Year Group: _____

Beginning 5:

Striking/Fielding

- Hit a ball bowled sympathetically to them.
- Play the games, but may need extra support.
- Play some roles in a fielding team, but with varying degrees of success.
- Understand the need for different tactics.
- Recognise that it is important to warm up and carry out exercises safely and carefully.
- Know the basic rules.
- Recognise why some practises help to improve their play.

Net

- Perform a small range of basic shots on both sides of the body.
- Play games with help, e.g someone to catch the ball when it is hit, someone to feed them.
- With help, get games to flow.
- Apply some of the basic tactics.
- Recognise the need to warm up and carry out exercises safely.
- Recognise when they and others are playing well and identify why, with help.

Invasion

- Use a small range of sending, receiving and travelling techniques in games, with varied control.
- Know what their team needs to do to take the ball towards the opposition's goal, and contribute occasionally.
- Follow others in warm up activities.
- With guidance, recognise some things that need to be improved in games.

Within 5:

Striking/Fielding

- Strike a bowled ball.
- Use a range of fielding skills, e.g catching, throwing, bowling, intercepting, with growing control and consistency.
- Work collaboratively in pairs, group activities and small sided games.
- Understand and implement some tactics in games.
- Use and apply the basic rules consistently and fairly.
- Recognise the activities and exercises that need including in a warm up.
- Identify their own strengths and suggest practises to help them improve.

Net

- Use forehand, backhand and overhand shots increasingly well in games they play.
- Use the skills they prefer with competence and consistency.
- Use the volley in games where it is important.
- Understand the need for tactics.
- Start to choose and use some tactics effectively.
- Play cooperatively with a partner.
- Apply rules consistently and fairly.
- Identify appropriate exercises and activities for warming up.
- Recognise how these games make their bodies work.
- Pick out what they and others do well and suggest ideas for practises.

Invasion

- Pass, dribble and shoot in games.
- Identify and use tactics to help their team keep the ball and take it towards the opposition's goal.
- Mark opponents and help in defence.
- Know and carry out warm up activities that use exercises helpful for invasion games.
- Pick out things that could be improved in performances and suggest ideas and practises to make them better.



Secure 5/Exceeding:

Striking/Fielding

- Bat, bowl and field with control.
- Play games effectively, reading situations and responding quickly.
- Use tactics for attacking and defending as batters, bowlers and fielders.
- Identify the main types of fitness needed for these games and use them in warm-up routines.
- Identify their own and others' strengths and devise practises that lead to improvement.

Net

- Play the full game of short tennis.
- Use a range of shots in games, with a degree of consistency and accuracy.
- Start a game or point with a serve.
- Work collaboratively with a partner.
- Organise themselves in a team.
- Understand the need for different tactics.
- Choose and use tactics.
- Lead others in short warm-up routines, selecting safe and appropriate activities and exercises.
- Identify strengths and weaknesses in their own and others' play, and suggest practises that will lead to improvement.

Invasion

- Use different techniques to pass, dribble and shoot.
- Play games confidently.
- Use tactics in attack and defence.
- Carry out thorough, effective warm up activities, concentrating on exercises that help their play; adapt these activities and exercises to meet their own needs.
- Know what is more or less effective in the games played.
- Make changes that improve their team and individual performance.

Notes:

Working at/date assessed: