



Jerry Clay Academy
Subject Knowledge Organiser

Subject: Physical Education

Year Group: Year 5

Term: Spring 1

Core Learning of This Unit:

- To develop competence to excel in a broad range of physical activities, including netball
- To remain physically active for sustained periods of time

Prior Learning:

- Year 5 Autumn Term – developing skills such as coordination and routines in dance. Also developing skills such as communication, passing, catching and controlling when participating in different ball games such as tag rugby.

National Curriculum Statements:

- Pupils should be taught to play competitive games, modified where appropriate [for example, badminton, basketball, cricket, football, hockey, netball, rounders and tennis], and apply basic principles suitable for attacking and defending.
- Pupils should be taught to compare their performances with previous ones and demonstrate improvement to achieve their personal best.

Key Vocabulary:

- **Repossession** – The state of taking back ownership or control of something.
- **Defending** – The act of preventing an opponent from scoring.
- **Attacking** – The action of attacking or engaging an opposing team with the objective of scoring points or goals.
- **Marking** – The organised defensive strategy to prevent a member of the opposing team to take control of the ball.

Significant People



Serena Guthrie

Serena Monique Guthrie MBE is a netball player from Jersey who plays internationally for England. She plays in the Centre and Wing Defence positions. She is a dynamic player, known for her speed and athleticism, with a keen eye for the intercept.