



Name: _____

Year Group: _____

Beginning 4:

- Complete tasks with support and guidance.
- Use physical skills well.
- Follow other people's plans and approaches.
- Recognise and implement alternative approaches when others suggest them.
- Co-operate in putting these approaches into practise.
- Help prepare for activities.
- Make relevant comments on how well activities are completed.

Within 4:

- Use maps and diagrams to orientate themselves and to travel around a course.
- Respond when the task or environment changes and the challenge increases.
- Start to plan sensible responses to physical challenges or problems, talking and working with others in their group.
- Recognise some of the physical demands that activities make on them.
- Identify parts of the work that were successful and not successful.
- Respond to feedback on how to go about their work differently.

Secure 4/Exceeding:

- Move confidently through familiar and less familiar environments.
- Use and adapt their skills and strategies as the situation demands.
- Prepare well for challenges, showing an awareness of safety and of others.
- Show initiative when working as a group.
- Respond to problems in a well thought-out, planned way.
- Identify ways to prepare physically for activities.
- Identify strengths and weaknesses in the way challenges are approached.
- Suggest alternative solutions as well as ways to implement these.

Notes:

Working at/date assessed: