



Name: \_\_\_\_\_

Year Group: \_\_\_\_\_

**Beginning 4:**

- Copy and explore simple ideas.
- Link and remember a limited amount of movement material.
- Work with a group to refine and practise movement ideas and phrases.
- Show some understanding of how to warm up and cool down.
- With help, make simple statements about their own and other people's work.

**Within 4:**

- Respond imaginatively to a range of stimuli related to mood, character and narrative.
- Use simple motifs and patterns to structure dance phrases on their own, with a partner and in a group.
- Refine, repeat and remember dance phrases and dances.
- Perform dances clearly and fluently.
- Show sensitivity to the dance idea and the accompaniment.
- Show a clear understanding of how to warm up and cool down safely.
- Describe, interpret and evaluate dance, using appropriate language.

**Secure 4/Exceeding:**

- Structure and vary longer dances.
- Develop movement ideas for others.
- Show a good sense of rhythm and style when performing.
- Remember and perform a range of warm-up and cool-down activities.
- Give reasons why physical activity is good for health.
- Use a range of dance vocabulary to describe, interpret and evaluate dance.

Notes:

Working at/date assessed: