



Jerry Clay Academy  
Subject Knowledge Organiser

**Subject:** Physical Education

**Year Group:** Year 4

**Term:** Spring 1

**Core Learning of This Unit:**

- Develop competence to excel in a broad range of physical activities, including netball and basketball
- To maintain physically active for sustained periods of time
- To engage in competitive sports and activities

**Prior Learning:**

- KS1 - perform dances using simple movement patterns.
- Year 4 Autumn Term – developing skills and confidence in gymnastics when completing jumps, rolls and balances.

**National Curriculum Statements:**

- Pupils should be taught to use running, jumping, throwing and catching in isolation and in combination
- Pupils should be taught to play competitive games, modified where appropriate [for example, badminton, basketball, cricket, football, hockey, netball, rounders and tennis], and apply basic principles suitable for attacking and defending.
- Pupils should be taught to take part in outdoor and adventurous activity challenges both individually and within a team

**Key Vocabulary:**

- **Possession** – the state of having, owning or controlling something.
- **Travelling** – To move from one place or position to another.
- **Dribble** – To move an object, for example a ball, at pace and under control.
- **Defending** – The act of preventing an opponent from scoring.

**Significant People**



**LeBron James**

LeBron Raymone James is an American basketball player with the Los Angeles Lakers. With his unique combination of size, athleticism and court vision, he became a four-time NBA MVP. James has lead the Miami Heat to titles in 2012 and 2013 and helped Cleveland claim its first championship in 2016.