



Jerry Clay Academy  
Subject Knowledge Organiser

**Subject:** Physical Education

**Year Group:** Year 2

**Term:** Spring 1

**Core Learning of This Unit:**

- To develop competence to excel in a broad range of physical activities, including using rolls and applying sequences to gymnastics.
- To maintain physically active for sustained periods of time.

**Prior Learning:**

- Year 2 Autumn term –developing skills and confidence in gymnastics and dance when completing rolls. Also developing skills such as communication, passing, catching when participating in different ball games.

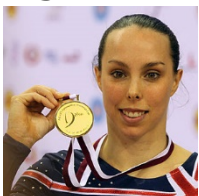
**National Curriculum Statements:**

- Pupils should be taught to perform dances using a range of movement patterns
- Pupils should be taught to master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities

**Key Vocabulary:**

- **Tension** – The act of stretching or straining.
- **Height** – The distance upwards from a given level to a fixed point.
- **Sequence** – the following on or succession from one thing to another.

**Significant People**



**Beth Tweddle**

Beth Tweddle is a retired British artistic gymnast. She was the first female gymnast from Great Britain to win a medal at the European Championships, World Championships and Olympic games.