



Name: _____

Year Group: _____

Beginning 1:

- Use a small range of underarm throwing and rolling skills accurately.
- Use a small range of collecting and receiving skills.
- Show some awareness of the space available and a basic awareness of others around the space.
- Play simple versions of games, with a partner or a passive opponent.
- Choose and use a small range of basic skills and ideas.
- Recognise when the heart beats faster or they get out of breath.
- Describe some basic rules and the way to score.

Within 1:

- Use basic underarm rolling and hitting skills.
- Sometimes use overarm skills.
- Intercept, retrieve and stop a beanbag and a medium-sized ball with some consistency.
- Sometimes catch a beanbag and medium sized ball.
- Track balls and other equipment sent to them, moving in line with the ball to collect it.
- Hit and kick a ball in a variety of ways, depending on the needs of the game.
- Choose different ways of hitting, throwing, striking or kicking the ball.
- Decide where to stand to make it difficult for their opponents.
- Describe what they and others are doing.
- Describe how their body feels during games.

Secure 1/Exceeding:

- Track, intercept, stop and catch balls and beanbags consistently.
- Move fluently.
- Control their bodies and limbs well.
- Show good awareness of space and the other movements and actions taking place around them.
- Make early decisions in games and in partner work.
- Choose a range of skills that suit the needs of the game and outwit their opponents.
- Show an understanding of why physical activity is fun and makes them feel good.
- Describe simple tactics and skills they can use in games.

Notes:

Working at/date assessed: