

## Well-being and mental health

Daily Diary- Why not keep a record of this time by writing a diary. Think about everything that has happened today. What were the best moments? The hardest moment? How did you get past those tricky times? Who made today special? I have included a Captain's Log activity on Seesaw or you could write it in a journal of your own.

Cosmic Yoga – From Star Wars to Frozen there are lots of yoga sessions to try on Youtube

<https://www.youtube.com/watch?v=coC0eUSm-pc>

Mindfulness Bubble breathing– to relax, breathe in, feel your lungs fill up like bubbles. Breathe out and feel your body relax, let your thoughts float away.

## Maths

### White Rose Maths –

<https://whiterosemaths.com/homelearning/year-4/> We will be following one of these lessons each day starting from Week 1. Let me know if you have already progressed further.

From the learning pack: You could try the 4 sheets called Add Two 4-Digit numbers 2. The 3<sup>rd</sup> and 4<sup>th</sup> sheets are Greater Depth – so pretty tricky! (answers in the letter)

Times Table Rockstars– Try a Soundcheck. We may not be doing our Times Tables Test but would you have got full marks?! I think 'Yes!'

### Remember Diamond Dash

*If you want to be really busy with your maths here are some more online activities for you to try.*

Manga High Games and quizzes to practise key areas of maths.

Numbots – use TTRS login Use the Challenge mode to develop quick fire mental maths skills.



# YEAR 4 HOME LEARNING



Dear Parents,

Here is an overview of tasks we'd like the children to be completing at home over week beginning 20<sup>th</sup> April. We hope the new Seesaw class app allows us to be in touch even more and support the children with their learning. As we start the new half term in Year 4 we will be investigating the theme **Caring and Connecting during Crisis**.

Warmest regards,  
Mrs. Elliott



## Spelling, Punctuation and Grammar (SPAG)

### Spelling Shed

*Our new spellings are challenge words. Words that don't follow a particular spelling pattern but we use them a lot.*

breath, business, caught, different, exercise, extreme, medicine, possession, although, thought.

*Practise on Spelling Shed ready for our interactive spelling test on **Spelling Shed** on **Thursday 23<sup>rd</sup> April at 2pm.***

Correct the sentence punctuation –  
Remember **Capital letters** . , ? ! “ ”

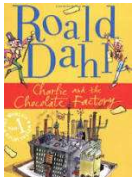
### Science:

**States of matter.** Learn about solids, liquids and gases at <https://www.bbc.co.uk/bitesize/topics/zkkg87h/articles/zsgwwxs>.

Find solids, liquids and gases around your home. Try scientific investigation to explore different states using chocolate, ice or bubbles!

## Reading Comprehension

Jimmy and the Pharaoh. Jimmy played a trick on his classmate and 'borrowed' something from the museum with an unexpected outcome! Answer to the questions are in the letter. What do you think happened next?!



This term we are going to be looking at many of the heroes from Roald Dahl's books to see how we can learn from their personal qualities. I doesn't matter if you don't have the books, I will send you some excerpts and you can find audio clips on Youtube and at Audible.com.



## Writing

*This week's Roald Dahl book is ... **Charlie and the Chocolate Factory!***

What is the most **magical place** in your home? Is there a cupboard under the stairs, a space behind the sofa or a garden shed? Describe why it is special, magical or secret. Imagine that you find a gold ticket there! This place is going to transform into a secret room in the **Chocolate Factory**. Invent a **scrumptious treat!** Use **exciting vocabulary** to describe it. **Design an ad** for your new tasty treat and write the **recipe** for a JCA Recipe Book.

## Geography: Connecting around the World.

Have you been listening to the shout outs from around the world on PE with Joe? Use the world map on Seesaw or an atlas to remind yourself of the continents and oceans then locate 5 – 10 countries around the world. Make a fact file about at least one of them. Include – Country, continent, capital city, flag, climate as well as any landmarks or information about living or visiting the country.

## Daily Reading!

Please remind the children to read daily and have a signed signature **at least once a week** in their diary. Remember they can now swap their reading books outside school on your daily exercise.



**Twitter:** Tag us in pictures of you learning from home! @JCAWakefield